



“FARM FRESH” SERIES

Meet your farmers!

Wednesday Market Talks & Tours, July 2013

Each week we will highlight a different type of product and introduce you to the farmers who bring it to the market.

Farm News | Food Prep Tips | Nutrition Info & Recipes | Q & A

Schedule

Wednesday, July 10

Local Meat: Beef, Pork, Lamb, Goat, Poultry

Wednesday, July 17

Blueberries and Summer Fruit

Wednesday, July 24

Dairy: Milk, Cheese, Yogurt

Wednesday, July 31

Summer Favorites: Corn and Tomatoes

Time & Location

Market hours 3:00-6:00 p.m. | Balloons mark vendors with day's featured product
Farm talks start at 4:45 p.m. | Meet at red tent near market's information shed